## NEWS from the North Dakota Department of Human Services 600 E. Boulevard Ave., Bismarck N.D. 58505

## FOR IMMEDIATE RELEASE August 23, 2018

Media contacts: Heather Steffl at 701-328-4933 or LuWanna Lawrence at 701-328-1892

## Department of Human Services holds training on trauma and addiction

BISMARCK, N.D. – The North Dakota Department of Human Services is holding training this fall on the implications of traumatic stress on human development and addiction. The half-day training sessions will be held in Bismarck, Fargo, Grand Forks and Minot beginning Aug. 30, and are being offered at no cost to registered participants.

Because of high demand, the department has added training space. Individuals who tried to register previously, but couldn't because a session was full, should try to re-register at www.behavioralhealth.nd.gov/trauma-trainings.

Three professionals associated with the Treatment Collaborative for Traumatized Youth (TCTY) in North Dakota will conduct the training, which is funded in part by the department's Behavioral Health Division to raise the standard of care for traumatized children. Presenter Stephen Wonderlich, Ph.D., is the Associate Chairperson in the Department of Psychiatry and Behavioral Science at the University of North Dakota School of Medicine and Health Sciences and the founder and director of the treatment collaborative. Nicola Herting, Ph.D., is the mental health director at Red River Children's Advocacy Center and is involved in TCTY, and Jennifer Boub is the TCTY coordinator.

Wonderlich and his colleagues will share information on the impact of traumatic stress on human development, how post-traumatic stress disorder increases the risk for substance use disorders, and current evidence-based treatment strategies to integrate into substance use disorder services.

"Experiencing trauma has an effect on addiction. This training will provide practical information for professionals working with individuals struggling with addiction," Wonderlich said.

Additional training capacity has been arranged. Professionals should register online at <a href="https://www.behavioralhealth.nd.gov/trauma-trainings">www.behavioralhealth.nd.gov/trauma-trainings</a> prior to the *Understanding Trauma* training scheduled at these locations:

- Fargo: Aug. 30, 2018, 1 5 p.m. (registration at 12:30 p.m.), Holiday Inn;
- **Bismarck**: **Sept. 17, 2018**, 1 5 p.m. (registration at 12:30 p.m.), Quality Inn;
- Bismarck: Sept. 18, 2018, 8:30 a.m. 12:30 p.m. (registration at 8 a.m.), Quality Inn;
- Minot: Sept. 19, 2018, 8:30 a.m. 12:30 p.m. (registration at 8 a.m.), Grand Hotel; and
- Grand Forks: Oct. 3, 2018, 1 5 p.m. (registration at 12:30 p.m.), Hilton Garden Inn.

Continuing education units (CEUs) are available for licensed addition counselors and social workers, and CEUs are pending for licensed counselors.

The Behavioral Health Division is responsible for reviewing and identifying service needs and activities in the state's behavioral health system, establishing quality assurance standards for the licensure of substance use disorder program services and facilities, and providing policy leadership in partnership with public and private entities. For more information, visit <a href="https://www.behavioralhealth.nd.gov">www.behavioralhealth.nd.gov</a>.